

Bush tucker in kidney failure and diabetes

(2007)

Type: Booklet

Description:

This booklet is designed to assist those living with diabetes and kidney failure. It provides details of the nutritional value of 326 different types of bush tucker, including a selection of more common bush tucker eaten in rural and remote regions. Bush tucker is listed under the following categories:

- animal foods
- insect and insect products
- fruit and vegetables

The nutritional value for each food is set out in tables with details provided on how to understand the symbols used in the tables.

The booklet is designed to assist dietitians and patients in making appropriate choices.

Producer:

Renal Resource Centre, Northern Sydney Central Coast NSW Health, NSW

To order copies of this resource

Aboriginal Studies Press

Ph: (02) 6246 1186

Email: asp@aiatsis.gov.au

For a copy free of charge

Ph: (02) 9362 3995

Ph: 1800 257 189

View website:

Kidney Health Australia

<http://www.kidney.org.au>

When to use this resource:

This guide is written especially for people with chronic kidney disease who wish to eat Indigenous foods. This resource can be used by dietitians and their clients.

